

June 17th, 2020

Mid-Week Message

I found this article with a lot of wisdom and a few chuckles. Its title is 45 life lessons from a 90 year old man.

1. Life isn't fair, but it is good.
2. When in doubt, just take the next small step.
3. Life is too short to not enjoy it.
4. Your job won't take care of you when you are sick. Your friends and family will.
5. Don't buy stuff you don't need.
6. You don't have to win every argument. Just stay true to yourself.
7. Cry with someone. It is more healing than crying alone.
8. It's okay to get angry with God. He can take it.
9. Save money for the things that matter.
10. When it comes to chocolate, resistance is futile.
11. Make peace with your past, so it won't screw up the present.
12. It's okay to let your children see you cry.
13. Don't compare your life to others. You have no idea what their journey is all about.

14. If a relationship has to be a secret, you should not be in it.

15. Everything can change in the blink of an eye, but don't worry God never blinks.
16. Take a deep breath. It calms the mind.
17. Get rid of anything that is not useful. Clutter weighs you down in many ways.
18. Whatever doesn't kill you really does make you stronger.
19. Its never too late to be happy. But it is up to you and no one else.
20. When it comes to going after what you love in life, don't take no for an answer.
21. Burn the candle, use the nice sheets, wear the fancy lingere. Don't save it for a special day. Today is the day.
22. Over prepare, then go with the flow.
23. Be eccentric now. Don't wait for old age to wear purple.
24. The most important sex organ is the brain.
25. No one is in charge of your happiness but you.
26. Frame every so called disaster with these words, " in 5 years will it matter?"
27. Always choose life.
28. Forgive but don't forget.
29. What other people think of you is none of your business.
30. Time heals almost everything. Give time time.
31. However good or bad a situation is, it will change.

32. Don't take yourself too seriously. No one else does.

33. Believe in miracles.
34. God loves you because of who God is, not because of anything you did or did not do.
35. Don't audit life, show up and make the most of it now.
36. Growing old beats the alternative – dying young.
37. Your children only get one childhood.
38. All that truly matters in the end is that you loved.
39. Get outside every day. Miracles are waiting everywhere.
40. If we threw our problems in a pile and saw everyone else's, we'd grab ours back.
41. Envy is a waste of time, accept what you already have, not what you think you need.
42. The best is yet to come.
43. No matter how you feel, get up, dress up, and show up.
44. Yield.
45. Life isn't tied with a bow, but it is still a gift.

Interesting words of wisdom and observations. Hopefully there is something there that you could use in the run of your day. This is one I use and say often, "don't sweat the petty stuff and don't pet the sweaty stuff." Most of it is petty stuff. What could possibly go wrong? God bless and stay cool, Pastor D